


Maori Health Models of Whānau Care

Paipete Wharehau BHSc
 Maori Health Coordinator
 Best Care (Whakapai Hauora)
 Charitable Trust
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Professor Sir Mason Durie

- Ngati Kauwhata, Ngati Raukawa and Rangitane i te Aotearoa
- Developed 'Te Whare Tapa Whā'
- Inspirational academic and champion for Maori Health
- Chair Ministerial Working Group Ora Taskforce
- Assistant Vice Chancellor @ Massey University



Dr Rangimarie Turuki Rose Pere

- Descendant of Te Arawa and Ngati Kahungunu
- Author of 'Whāke'
- Renown International Educationalist
- Tohunga & whānau kōwhiri
- Consultant on global learning
- Director Four Winds Foundation



TE WHARE TAPA WHĀ

Maori Health Model | Hauora Maori



Taha Tinana Taha Wairua Taha Whānau Taha Hinengaro

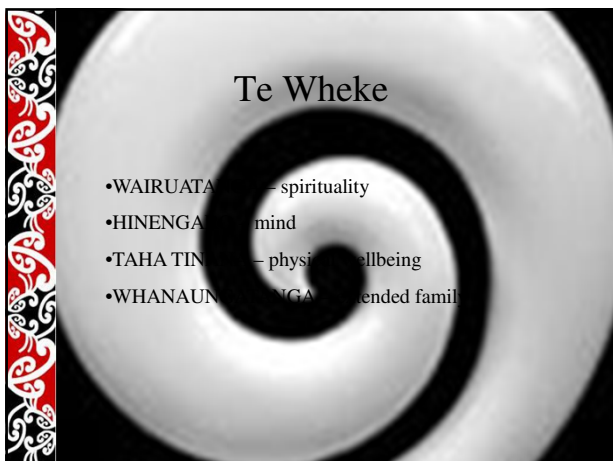
Te Whare Tapa Whā

- Wharenui depicts four dimensions of holistic wellbeing
- Solid foundation and four equal sides
- Imbalance in one dimension leads to instability in other areas
- Acknowledges and integrates traditional Maori approach to modern health services

Te Whare Tapa Whā

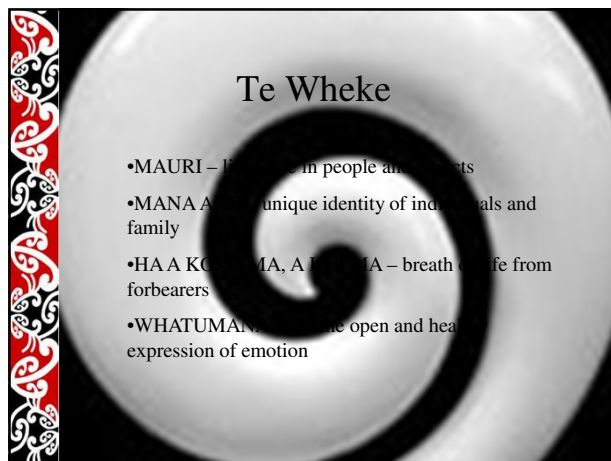
TAHA TINANA

- Physical growth & development essential
- Good physical health optimal
- Physical 'building' sustains our essence, provides shelter from external environment
- Difficult for Maori to separate each of the four cornerstones in health and wellbeing



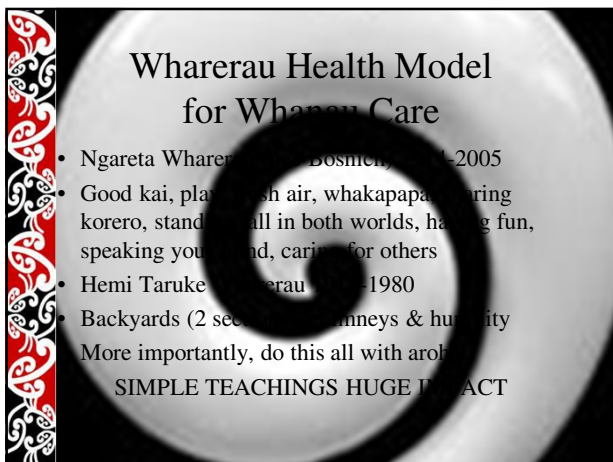
Te Wheke

- WAIRUATA – spirituality
- HINENGA – mind
- TAHA TIN – physical wellbeing
- WHANAUNGA – extended family



Te Wheke

- MAURI – mauri in people and objects
- MANA A – unique identity of individuals and family
- HA A KORO MA, A KORO MA – breath of life from forebearers
- WHATUMAN – the open and healthy expression of emotion



**Wharerau Health Model
for Whanau Care**

- Ngareta Wharehau & Bosmen, 2001-2005
- Good kai, playing sh air, whakapapa, singing korero, standing tall in both worlds, having fun, speaking your mind, caring for others
- Hemi Taruke Wharerau 1980
- Backyards (2 sections) chimneys & humanity

More importantly, do this all with aroha

SIMPLE TEACHINGS HUGE IMPACT